

To,

Principal
Sangola Mahavidyalaya, Sangola

Subject:- Regarding permission for workshop on Millet Recipe

Respected sir,

Department of Botany and IQAC jointly organize "Workshop on Millet Recipes" on Friday 1st March 2024 at 10.00 am. Please give the permission for organizing the same

Thanking You



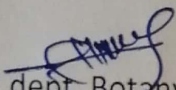
M. H. H. H.
Head
Dept. of Botany
Department of BOTANY
Sangola College, Sangola

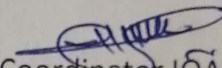
Allowed
[Signature]
29/2/2024

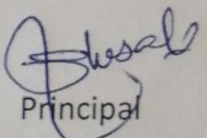
S.T.U.S. Mandal's
Sangola Mahavidyalaya, Sangola
Students Notice

All students of science faculty are informed that, Department of Botany and IQAC Sangola Mahavidyalaya, Sangola organized "Workshop on Millet Recipes" on Friday 1st March 2024 at 10.00 am remain present on time.

Venue - Department of Botany


Head dept. Botany
Department of **BOTANY**
Sangola College, Sangola


Coordinator IQAC
Co-ordinator
I.Q.A.C.
Sangola College Sangola


Principal
Principal
Sangola Mahavidyalaya Sangola
Tal. Sangola Dist. Solapur (M.S.)



Estd. 1978

Sangola Taluka Uchcha Shikshan Mandal's

NAAC Accreditation: B (4th Cycle)



Sangola Mahavidyalaya, Sangola

(Affiliated to Punyashlok Ahilyadevi Holkar Solapur University, Solapur)

In charge Principal:- Dr. Suresh Bhosale (M.P.Ed., Ph.D.)

Address: Sangola-Kadlas Road, Sangola Dist. Solapur

Mo: 7588360406

■ Web Site: www.sangolacollege.org

■ Email: prinscsgl@gmail.com

Ref.No. 571 / 2023-24

Date: 29 FEB/2024

To,
Sou. Lata Kambale

Subject: Invitation as a resource person for Workshop on Millet Recipes
on 1st March 2024

Respected Madam,

With reference to the above subject, it is our great pleasure to invite you as a resource person for Workshop on Millet Recipes on 1st March 2024 at 10.00 am organized by Department of Botany, IQAC Sangola Mahavidyalaya, Sangola In collaboration with Department of Botany Dr. Ganpatrao Deshmukh Mahavidyalaya, Sangola

We kindly request you to accept our invitation and remain present within the time.

Thanking you,

Yours Faithfully,


(Dr. Suresh Bhosale)

Principal

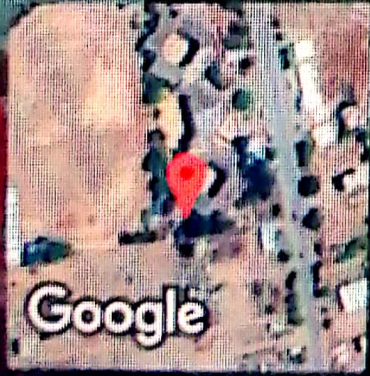
Sangola Mahavidyalaya Sangola
Tal. Sangola Dist. Solapur (M.S.)





 **GPS Map Camera**

Sangola, Maharashtra, India
C5CW+G7W, Kadlas Road, Kadlas Naka, Sangola, Maharashtra 413307, India
Lat 17.421137°
Long 75.195274°
01/03/24 10:25 AM GMT +05:30





GPS Map Camera

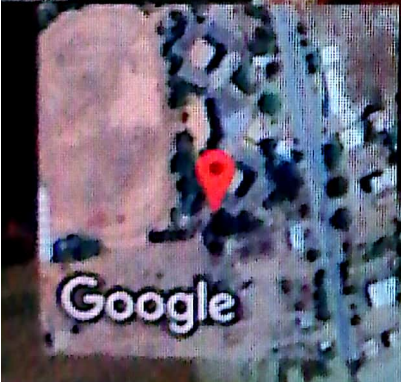
Sangola, Maharashtra, India

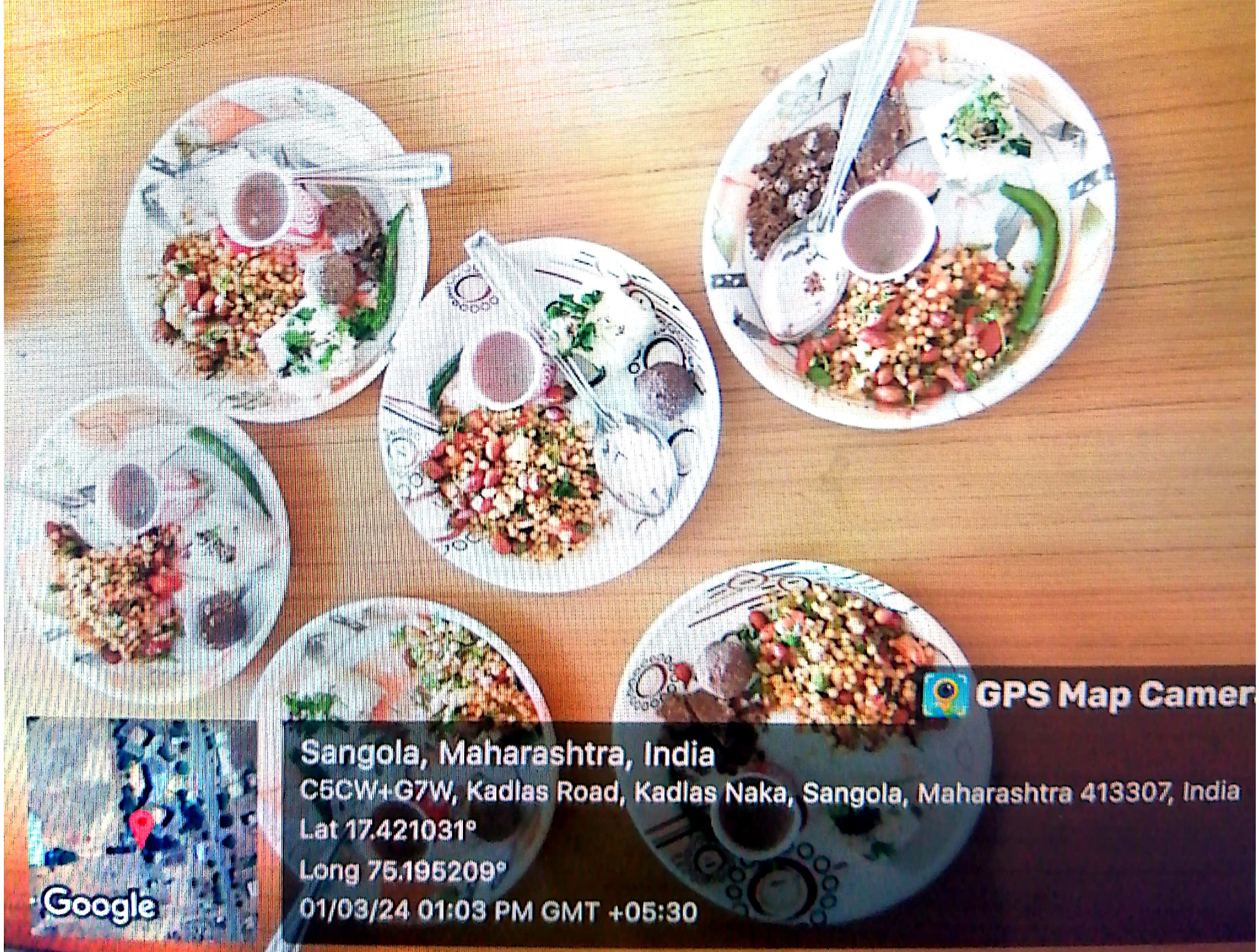
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Lat 17.421166°

Long 75.195279°

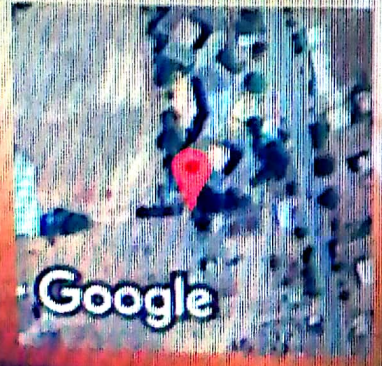
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 **GPS Map Camera**

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Long 75.195209°
01/03/24 01:03 PM GMT +05:30



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**Sangola Mahavidyalaya, Sangola
Dist-Solapur (M.S.)**



Department of Botany and Internal Quality Assurance Cell

In Collaboration with

Department of Botany, Dr. Ganpatrao Deshmukh Mahavidyalaya, Sangola

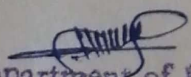
Organised Workshop on

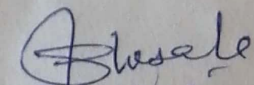
Millets Recipes

Theme of Workshop-Bring Millets Back to Your Kitchen

1 March 2024


Sr. No.	Name of Participant	Name of College	Signature
1.	Jadhav Rameshwar Mahadev	Sangola college sangola	R. Jadhav
2.	Motagi Ganesh shivanand	sangola collegesangola	G.S.M.
3.	Mulla sahil Daul	sangola college sangola	Mulla
4.	Howal Suraj Aba	Sangola College Sangola	S. Howal
5.	Kamble Aditya Vijay	Sangola College Sangola	Kamble
6.	Kengar Ravi Narndev	Sangola College Sangola	R. Kengar
7.	Jagdale SURESH Ashok	Sangola college sangola	Jagdale
8.	More Vinod Laxman	Sangola College Sangola	More
9.	Ankushrao Aniket Vijaykumar	Sangola College sangola	Aniket
10.	Bhosale Prem chandrakant	Sangola college sangola	Bhosale
11.	Bho Jadhav Prathavisingh somnath	sangola collage sangola	Bho
12.	Kulekar Abhishek suresh	sangola collage sangola	Kulekar
13.	Burjkar Sandesh vijaykumar	Sangola College Sangola	S.V. Burjkar

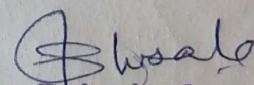

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Sangola College, Sangola


Principal
Sangola Mahavidyalaya Sangola
Tal. Sangola Dist. Solapur (M.S.)



14	Takale Dnyaneshwar pandit	Sangola college Sangola	Prakul
15	Waghmode Saurabh Shamrav	Sangola College sangola	A.
16	Kondubhairi Rohit Vasant	Sangola College Sangola	Rohit
17	Takale Aadesh Uttam	Sangola college sangola	Aadesh
18	Karande samir Chandrakant	Sangola college sangola	S.C.B.
19	Mane Yogita Dattatray	Sangola College Sangola	Mane
20	Kakekar Swapnali Kisan	Sangola College Sangola	K.
21	Misal vaishnavi tanaji	Sangola college sangola	Misal
22	Bhindal Pooja NanaSO	Sangola college, Sangola	Bhindal
23	Misal Gayatri Ramhai	Sangola College Sangola	Misal
24	Misal Kajal Hanmant	sangola college Sangola	Misal
25	Takale Sanika Ankush	sangola college sangola	Takale
26	Bhosale Sakshi Vitthal	Sangola college sangola	Bhosale
27	Khandagale Supriya Ramchandra	Sangola college sangola	S.P. Khandagale
28	Asabe Yashshree Anil	sangola college sangola	Asabe
29	Shinde Pranoti Prabhakar	sangola college sangola	Shinde
30	Raut samruddhikashinath	sangola college sangola	Raut
31	Pasale siddhi sanjay	sangola college sangola	Pasale
32	Sherkar Geeta Bhimkrishna	sangola college sangola	Sherkar
33	Kedar Snehal Vasant	SMS	Kedar
34	Gurav Prati Annasaheb	Sangola college sangola	P. Gurav
35	More Vidya Rajkumar	Sangola college sangola	More
36	Valekar Pranjali Vitthal	Sangola College Sangola	Valekar P.V.
37	Khandekar Shruti Tanaji	Sangola College Sangola	SK
38	Anuse Sanika Muelidha	sangola college sangola	S.M. Anuse


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39	Gaikwad shweta Balu	Sangola college Sangola	Gaikwad
40	Jagadhane kajal Ramchandra	Sangola college Sangola	Kajal
41	Ligade Sneha Manoj	Sangola college Sangola	S. Ligade
42	kingat prapti manik	Sangola college Sangola	Prapti
43	Sutar Maheshwari sudarshan	Sangola college Sangola	Sutar
44	chougule Anrita Subhash	Sangola college Sangola	Chougule
45	Kedar Shweta Popat.	Sangola college Sangola.	Kedar
46	Mahankal Sakshi Taraji	Sangola college Sangola.	Pratikant
47	Pawar Ashwini Balasaheb	Sangola college Sangola	APawar
48	Awadade vaishnavi Raju	Sangola college Sangola	Vaishnavi
49	Linge Sandhya Sanjay	Sangola college Sangola	Linge S.S
50	Sutar Rutuja Dattatray	Sangola College Sangola	Rutuja
51	Shinde Mayuri Namdev	Sangola College Sangola	Shinde
52	shinde Ashwini pratash	Sangola college Sangola	A.P. Shinde
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54			Shinde
55			Principal
56	Department of BOTANY Sangola College, Sangola		Sangola Mahavidyalaya Sangola Tal. Sangola Dist. Solapur (M.S.)
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**Sangola Mahavidyalaya, Sangola
Dist-Solapur (M.S.)**

Department of Botany and Internal Quality Assurance Cell

In Collaboration with

Department of Botany, Dr. Ganpatrao Deshmukh Mahavidyalaya, Sangola

Organised Workshop on

Millets Recipes

Theme of Workshop-Bring Millets Back to Your Kitchen

1 March 2024

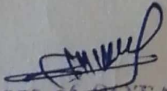
Sr. No.	Name of Participant	Name of College	Signature
1.	Telgaon Priyanka chandakot		
2.	Gaikwad Sanika Rajendra		Gaikwad S.R
3.	Chavan Komal Santosh		Chavan.K.S
4.	Mohite Asmita Satish		Mohite.A.S
5.	Shitole Anuradha Shankar		A.S.Shitole
6.	Misal Punam Vilas		P.V.Misal.
7.	Godase Rohini Rajendra		Godase
8.	More Rutuja Hanmant		R.H.more
9.	Shinde Gayatri Pratapsav		
10.	Babae Sanjana Laxman		Babae
11.	Kedae Snehal Vasant		Kedae
12.	Ingole Shital Balasahab		S. B. Ingole
13.	Lohae Sanika Pandurang		S.P.Lohae.

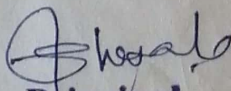
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Sangola College, Sangola

Principal
Sangola Mahavidyalaya Sangola
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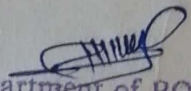
14	Kapane Sanika Arun	<u>Kapane</u>
15	Dongare Divya Rajkumar	<u>Dongare</u> ...
16	Tate Riya Sudhakar	<u>Tate.R.S</u>
17	Bansode Shobha Suresh	<u>S.S. Bansode</u>
18	Babar Pranali Balaso.	Babar
19	Kodag Anjali Samadham	<u>Abuk.</u>
20	Kalkumbe Swati Ramchandra	<u>Swatik</u>
21	Takale Srushti Dilip	<u>S.D. Takale.</u>
22	Bhosale Swarnali Santosh	<u>S.S. Bhosale</u>
23	Mane Jayshti Madhukar	<u>J.m. mane</u>
24	Kolawale Monika Pharamare	<u>M.D. Kolawale</u>
25	Jadhav sanika sarbhali	<u>Jadhav.</u>
26	Kashid Snehal Hanmant	<u>Kashid</u>
27	Ingole Priti Dattatray	<u>Ingole</u>
28	Ligade Sonali Sanjay	<u>Ligade</u>
29	Shinde vaishali Chandrakant	<u>Shinde</u>
30	chandanshive. shreya.J	<u>Shreya.</u>
31	mulani nurunisa. m.	<u>Mulani</u>
32	kolase-patil sanjivani. A	<u>Patil</u>
33	chuchare kalita Ratanlal	<u>Chuchare</u>
34	shinde sayali Babasaheb	<u>Shinde</u>
35	Butae Rutuja Dattatray	<u>Butae</u>
36	Mane Yogita Dattatray	<u>Mane</u>
37	Kakekar Swapnali Kisan	<u>Kakekar</u>
38	shinde Pooja Nahas	<u>Shinde</u>

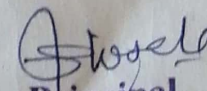

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39	Misal Kajal Hanmpant		<u>Misal</u>
40	Misal Gayatri Ramchari		<u>Misal</u>
41	Takale Sanika Ankush		<u>Takale</u>
42	Bhosale sakshi vitthal		<u>Bhosale</u>
43	khandagale Supriya Ramchandra		<u>S. R. Khandagale</u>
44	Asabe Yashshree Anil		<u>Asabe</u>
45	Shinde Pranoti Prabhakar		<u>Shinde</u>
46	Raut samruddhi Kashinath		<u>Raut</u>
47	Pasale siddhi sanjay		<u>Pasale</u>
48	sherkar Gayatri Bhimam		<u>Sherkar</u>
49	Mahankal Sakshi Tanaji		<u>Mahankal</u>
50	chougule Ankita Subhash		<u>Chougule</u>
51	Kedar shweta Popat		<u>Kedar</u>
52	sutar Maheshwari sudarshan		<u>Sutar</u>
53	Kumbhar manisha Anand		<u>M. A. Kumbhar</u>
54	Ingawale Swapnali Duryodhan		<u>Ingawale</u>
55	survase Dhanashree Balaso		<u>Survase</u>
56	Shinde Komal Mohan		<u>Shinde</u>
57	Lendave Gauri Gundopant		<u>Lendave</u>
58	Narale Seema Vasant		<u>Narale</u>
59	Game Antara laxman		<u>Game</u>
60	Holker Rutuja Hanumant		<u>R. H. Holker</u>
61	yedage swapnali Bhaerant		<u>Yedage</u>
62	Yedage sonali D		<u>Yedage</u>
63	karve pallavi S		<u>Karve. P. S</u>


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Sangola College, Sangola


Principal
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64	Swami Akshita Appya		
65	Babae Priyanka Balasaheb		
66	Masal sheuti sitaram		
67	Kamble Rutuja Rahel		
68	Awatade Kavita Popat		
69	Shendage Rupali. Bandu		
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73			Principal
74	Department of BOTANY Sangola College, Sangola		Sangola Mahavidyalaya Sangola Tal. Sangola Dist. Solapur (M.S.)
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Estd. 1978

Sangola Taluka Uchcha Shikshan Mandal's

NAAC Accreditation: B (4th Cycle)



Sangola Mahavidyalaya, Sangola

(Affiliated to Punyashlok Ahilyadevi Holkar Solapur University, Solapur)

In charge Principal:- Dr. Suresh Bhosale (M.P.Ed., Ph.D.)

Address: Sangola-Kadlas Road, Sangola Dist. Solapur

Mo: 7588360406

■ Web Site: www.sangolacollege.org

■ Email: prinscsgl@gmail.com

Ref.No. /

Date: 11/3/2024

Letter of Thanks

To,
Sou. Lata Kambale

Subject: Letter of thaks.

Respected Madam,

This is to express our heartfelt gratitude towards you for accepting our invitation as a resource person for **Workshop on Millet Recipes** on 1st March 2024

We are grateful for the time and effort you took to share your thoughts on "Millet Recipes" with our students. Your valuable thought will always keep our students inspiring and motivated. Expecting the same kind of cooperation in future also.

Thanking you,

Yours Faithfully,

(Dr. Suresh Bhosale)

Principal

Sangola Mahavidyalaya Sangola
Tal. Sangola Dist. Solapur (M.S.)





S. T. U. S. Mandal's

**Sangola Mahavidyalaya, Sangola
Dist-Solapur (M.S.)**

Department of Botany and IQAC

In Collaboration with

**Department of Botany, Dr. Ganpatrao Deshmukh Mahavidyalaya,
Sangola**

Organised Workshop on

Millets Recipes

Theme of Workshop-Bring Millets Back to Your Kitchen

1 March 2024

Workshop Report: Millet Recipes

Organizers: Department of Botany, Sangola Mahavidyalaya, Sangola, in association with Internal Quality Assurance Cell and Dr. Ganpatrao Deshmukh Mahavidyalaya, Sangola.

Date: 1 March 2024

Venue: Department of Botany, Sangola Mahavidyalaya, Sangola

The one-day workshop on Millet Recipes organized by the Department of Botany, Sangola Mahavidyalaya, Sangola, in association with the Internal Quality Assurance Cell and Dr. Ganpatrao Deshmukh Mahavidyalaya, Sangola, was a resounding success. The event aimed to promote the nutritional and culinary benefits of millets among students and faculty.

The program commenced with an inauguration by Dr. Suresh Bhosale, the in-charge principal of the college. Dr. Bhosale enlightened the audience about the significance of incorporating millets into our diet for enhanced nutrition. Mrs. Lata Kamble and Dr. Seema Gaikwad graced the occasion as chief guests and provided



hands-on demonstrations of various millet recipes. Their expertise and guidance were invaluable in educating the participants about the preparation methods and health benefits associated with millet-based dishes.



During the workshop, the Chief Guest showcased four types of millet recipes:

Dhokla made from Bhagri: A savory dish prepared using Bhagri millet, known for its light and fluffy texture.

Nutritious Ladoo made from Naachni: A sweet delicacy crafted from Naachni millet, packed with essential nutrient

Ambil made from Naachni Pitha: A refreshing beverage derived from Naachnimillet flour, offering a cooling respite.

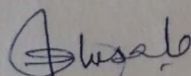
Sorghum Soaked Bhel: A crunchy and tangy snack featuring sorghum, providing a delightful twist to the traditional Bhel recipe.

The workshop witnessed active participation from BSc Part-I, II, and III students of Sangola Mahavidyalaya, Sangola, along with BSc Part-III students of the Department of Botany, Dr. Ganapatrao Deshmukh Mahavidyalaya. Prof. Hake M. A. and Prof. Rohit Pawar extended their support, contributing to the success of the event.

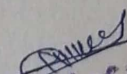
Following the preparation of millet dishes, all dignitaries and students cherished the culinary delights, further emphasizing the palatability and versatility of millet-based cooking.

Dr. Pawar R. G., Head of the Department of Botany and Internal Quality Assurance Cell Coordinator, introduced and coordinated the program effectively. A vote of thanks was extended by Dr. Temburne R. R., expressing gratitude to all participants, guests, and organizers for their enthusiastic involvement and contributions towards promoting millet recipes.

The workshop concluded on a positive note, inspiring attendees to incorporate millets into their diet for a healthier lifestyle.


Principal

Sangola Mahavidyalaya Sangola
Tal. Sangola Dist. Solapur (M.S.)


Department of BOTANY
Sangola College, Sangola



सांगोला चौफेर Sangola Choufair



सांगोला महाविद्यालयात भरडधान्य पाककृती कार्यशाळा संपन्न

सांगोला (दैनिक सांगोला चौफेर) सांगोला महाविद्यालयामध्ये वनस्पतीशास्त्र विभाग, अंतर्गत गुणवत्ता हमी कक्ष व वनस्पतीशास्त्र विभाग, डॉ. गणपतराव देशमुख महाविद्यालय, सांगोला यांच्या संयुक्त विद्यमाने शुक्रवार दिनांक १ मार्च २०२४ रोजी भरडधान्य पाककृती या विषयावर कार्यशाळा आयोजित करण्यात आली होती. सदर कार्यशाळेस भरडधान्यापासून आपणास लागणारी पोषक घटक मि

ळत असतात पण आपल्या बदलत्या जीवनशैलीमुळे ती मिळणे दुरावस्त झाली आहेत. ते पोषक घटक भरून काढण्यासाठी भरड धान्याचा आहारात समावेश करणे आवश्यक आहे. पण भरडधान्य सहजा सहजी खाल्ली जात नाहीत म्हणून त्यांच्या वेगवेगळ्या पाककृतीतून आहारात वापरली जावीत व २०२३ वर्ष आंतरराष्ट्रीय भरडधान्य असल्याने ही कार्यशाळा आयोजित करण्यात आली होती. या कार्यशाळेत पाककृती तज्ञ लता कांबळे

या उपस्थित होत्या. त्यांनी भगरीपासून ढोकळा, नाचणीचे पौष्टिक लाडू व नाचणी पिठापासून आंबील, ज्वारी भिजवून त्याची भेळ कशी बनवावी अशा प्रकारे त्यांनी कशा पाककृती बनवत व त्यांचे पौष्टिक महत्त्व सांगत पाककृती करून दाखवल्या.

सदर कार्यशाळेचे प्रस्ताविक वनस्पतीशास्त्र विभागप्रमुख व अंतर्गत गुणवत्ता हमी कक्ष समन्वयक डॉ. राम पवार यांनी केले. कार्यक्रमाच्या अध्यक्षस्थानी महाविद्यालयाचे प्रभारी प्राचार्य डॉ. सुरेश

भोसले यांनी भूपविले. डॉ. सीमा गायकवाड यांनी पाहुण्यांची ओळख करून दिली. डॉ. रमेश टेंभुर्णे यांनी आभार प्रदर्शन केले. सदर कार्यशाळेस महाविद्यालयातील शास्त्र शाखेतील सर्व विद्यार्थी-विद्यार्थिनी व डॉ. गणपतराव देशमुख महाविद्यालय, सांगोला येथील वनस्पतीशास्त्र विभागातील विद्यार्थी उपस्थित होते. त्याचबरोबर प्रा. रोहित पवार, प्रा. मारुती हाके, प्रा. डॉ. चित्रा जांभळे, कार्यालयीन अधिकांक प्रकाश शिंदे आदी कार्यशाळेस उपस्थित होते.